

[ FALL/WINTER 2024 ]

Maggie B. Knowin is more than a coach; she is a transformative force in the realms of personal development, spiritual growth, and community empowerment. Her work stands at the intersection of social justice, cultural innovation, and holistic wellness, creating a dynamic blend that empowers individuals to achieve their highest potential and make a meaningful impact in their communities.

Higher End Inc., Equitable Arts, and Maggie B. Knowin offer a collection of expertly crafted service packages designed to elevate and enhance. By blending transformative design, strategic empowerment, unparalleled creativity, and cutting-edge technology, our offerings empower your teen to thrive in today's modern landscape.

Starting Price: \$300 per session

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## **TEEN SERVICES**

# SPECIALIZED PERSONAL AND SPIRITUAL SERVICE OFFERINGS FOR TEENS

The Teen Services suite is dedicated to empowering and igniting the next generation. Here, teens explore a variety of audacious, tailored services that foster personal growth, resilience, and creative brilliance. From empowerment coaching to spiritual development, each offering supports teens in discovering their strengths, building unshakable confidence, and navigating life's challenges with integrity, dedication, and daring determination. Embarking on a thrilling journey of self-discovery and empowerment, teens will shape their future with audacity and purpose. Equip your teen with the tools needed to thrive, live in wonder, conquer their dreams, and transform their world. Start their journey today and watch them soar to new heights.

### **TEEN PERSONAL SERVICES**

#### 1. Teen Empowerment Coaching

Empower teens with personalized coaching sessions focused on personal growth, self-discovery, and confidence building. *Enhance personal growth, discover self, and build confidence*.

"Empower your teen. Schedule a coaching session."

#### 2. Stress Management and Resilience Workshops Starting Price: \$250 per workshop

Teach teens effective stress management techniques and resilience-building strategies through interactive workshops. *Manage stress effectively, build resilience, and enhance well-being.* 

"Help your teen manage stress. Join a resilience workshop."

#### 3. Creative Expression Coaching

Foster creative expression in teens with personalized coaching sessions. These sessions provide guidance and support for artistic growth. *Enhance creative expression, achieve artistic growth, and discover talents.* 

"Foster creativity in your teen. Book a coaching session."

#### 4. Teen Life Skills Development

Equip teens with essential life skills through tailored coaching sessions. These sessions focus on personal growth, responsibility, and practical skills. *Develop life skills, achieve personal growth, and enhance responsibility.*"Equip your teen with life skills. Schedule a coaching session."

#### 5. Body Positivity and Self-Love Coaching

Promote body positivity and self-love in teens with personalized coaching sessions. These sessions focus on self-acceptance and confidence building. *Enhance body positivity, build self-love, and achieve confidence.* 

"Promote self-love in your teen. Book a coaching session."

#### 6. Teen Career Exploration Coaching

Guide teens in exploring career paths and discovering their passions with personalized coaching sessions. *Discover career paths, enhance professional growth, and achieve clarity.* 

"Help your teen explore careers. Schedule a coaching session."

Starting Price: \$200 per session

Starting Price: \$250 per session

Starting Price: \$150 per session

Starting Price: \$200 per reading

Starting Price: \$250 per reading

Starting Price: \$200 per reading

#### TEEN SPIRITUAL SERVICES

#### 1. Introduction to Meditation for Teens

Teach teens the basics of meditation with introductory sessions focused on mental clarity and relaxation. *Improve mental clarity, enhance relaxation, and promote well-being.* "Introduce your teen to meditation. Book a session."

#### 2. Chakra Balancing for Teens

Clear and balance chakras in teens with affordable sessions designed to promote energy flow and well-being. *Enhance energy flow, improve well-being, and achieve balance.* 

"Clear and balance your teen's chakras. Schedule a session."

#### 3. Dream Interpretation for Teens

Understand teen dreams with personalized interpretation sessions. These sessions provide insights into the subconscious and personal growth. *Gain insights into the subconscious, understand dreams, and guide personal growth.* "Help your teen understand their dreams. Book an interpretation session."

#### 4. Numerology Readings for Teens

Discover the significance of numbers in teen lives with personalized numerology readings. These readings provide guidance and clarity for personal journeys. *Uncover the power of numbers, gain clarity, and receive personal guidance.* "Discover the power of numbers. Schedule a numerology reading."

#### 5. Basic Astrology Readings for Teens

Gain insights into life paths, personality traits, and future opportunities with basic astrological and natal chart readings for teens. *Understand the astrological blueprint, gain profound insights, and navigate life paths.*"Discover the astrological blueprint. Schedule a reading."

#### 6. Human Design Readings for Teens

Understand unique energetic blueprints and life strategies for teens with comprehensive Human Design readings. *Unlock Human Design, gain clarity, and enhance life strategy.* 

"Unlock the Human Design. Book a session now."

#### **CUSTOM SERVICES:**

Starting Price & Packages: Custom quotes based on scope

Customize your experience with personalized services designed to meet your specific needs, drive well-being, and achieve success. "Contact us for your consultation & customized quote!"

#### **PAYMENT TERMS:**

#### **Initial Consultation:**

Free 20-minute session to discuss project needs, scope, and goals.

#### **Payment Schedule:**

- 50% deposit to begin the project.
- 25% due upon initial design approval.
- 25% due upon project completion and delivery.
- Payment Methods: Zelle, PayPal, Credit/Debit Card
- For One Time Sessions, Consultations, Reports, Etc.- Unless payment plans or specialized terms have been coordinated, FFull Payment required to initiate services.

#### **NOTES:**

- Customization: All packages can be tailored to fit specific client needs.
- Discounts: Available for bundling multiple services and/or for non-profit organizations.
- Additional Services: Any services outside the listed package scope will be quoted separately.